

Pole Dance Tokyo:

Pricing guide

***All prices include tax. (Effective from April 1, 2026)**

■ Trial Class (First-Time Only)

Residents of Japan	2,500 yen
Overseas Residents (Visitors)	6,000 yen

■ Visitor Drop-In (Pay Per Class)

Visitor (1 class)	6,000 yen
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■ Enrollment Fees

Joining fee (one-time only)	16,500 yen
Administrative Fee (one-time only)	3,300 yen
Sports Insurance <i>*Annual renewal required</i>	1,650 yen

■ Monthly Subscription (Auto-Renewing) & Additional Classes

★★★★ During your active monthly membership, unused classes can be carried over with no expiration★★★★

Important: If you cancel your monthly plan, switch from a monthly plan to a spot membership, or terminate your membership, all unused carried-over classes will expire.

2 Classes per Month	9,200 yen / 4,600 yen per class
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4 Classes per Month	17,680 yen / 4,200 yen per class
6 Classes per Month	24,000 yen / 4,000 yen per class
8 Classes per Month	31,200 yen / 3,900 per class
12 Classes per Month	45,600 yen / 3,800 yen per class
15 Classes per Month	54,000 yen / 3,600 yen per class
Additional Class (Monthly Subscription Members Only)	4,600 yen per class
Kids (Ages 3–16) – 2 Classes per Month	8,000 yen / 4,000 yen per class
Kids (Ages 3–16) – 4 Classes per Month	14,800 yen / 3,700 yen per class
Kids (Ages 3–16) (Monthly Subscription Members Only) – Additional Class	4,000 yen per class

■ Membership Suspension

*A suspension allows you to pause your monthly payments while keeping your membership status and any unused carried-over classes. You may suspend your membership for up to a total of 3 months per year. After the suspension period ends, monthly payments will automatically resume from the following month.

Monthly Suspension Fee	1,650 yen
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■ Spot Membership (Drop-in Members)

*A spot membership is for those who have completed registration but prefer not to enrol in a monthly subscription plan, and instead take classes on a pay-per-class basis according to their schedule.

Member benefits (private lessons, studio rental discounts, Open Pole & Aerial discounts, and those ticket purchases) are available.

Please note that if there is no activity for 1 year after your last visit, your membership will expire.

Spot Member (1 class)	5,500 yen per class
Kids (Ages 3–16) Spot Member (1 class)	4,500 yen per class

■ Short-Term / Traveller Ticket

*Visitor-only ticket. No membership required.

3 Classes / Valid for 1 Month	16,500 yen
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■ Open Pole / Aerial (Self-Practice) – 60 Minutes

*This is a self-practice session without an instructor. Each person uses one pole, or aerial equipment such as silk or a hoop.

*During unmanned hours, aerial users must bring their own carabiner. When staff are present, studio carabiners are available. Other aerial equipment can be rented even during unmanned hours. Equipment usage is included in the price below.

*Please note that there are times when the studio is unattended. We kindly ask that you take extra care while practising.

Open Pole (Members, 60 min)	2,200 yen
Open Pole (Visitors, 60 min)	3,000 yen
Open Aerial (Members, 60 min)	2,650 yen
Open Aerial (Visitors, 60 min)	3,800 yen
Open Pole Ticket (10 times / valid 3 months) (Members only, no carryover)	16,500 yen
Open Pole Ticket (15 times / valid 6 months) (Members only, no carryover)	21,450 yen

Open Aerial Ticket (10 times / valid 3 months) (Members only, no carryover)	19,000 yen
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■ Rental Items

Rental High Heels	880 yen
Towel (disposable)	110 yen
Knee Pads	660 yen
Rental Wear (Top)	550 yen
Rental Wear (Bottom)	550 yen
Rental Wear Set	1,000 yen

■ Private Lesson (1-on-1) – 60 Minutes

*Extendable in 15-minute increments at 1/4 of the listed price.

*Choreography creation is available at an additional fee.

*Includes studio usage, pole, and aerial equipment fees.

Member	16,500 yen
Visitor	19,800 yen
5-Class Ticket / Valid 3 months (Members only)	68,500 yen

■ Private Group Lesson (2–22+ people) – 60–75 Minutes

*15-minute extensions available (additional 1/4 fee).

*Classes can be conducted in English, Japanese, and Italian.

*Up to 12 people: one pole per person (60 min).

*13+ people: share poles, extended to 70–75 min.

*15+ people: two instructors assigned.

2 people, 60 min, total price	22,000 yen
3 people, 60 min, total price	27,000 yen

4 people, 60 min, total price	32,000 yen
5 people, 60 min, total price	36,000 yen
6 people, 60 min, total price	39,000 yen
7 people, 60 min, total price	42,000 yen
8 people, 60 min, total price	44,000 yen
9 people, 60 min, total price	48,600 yen
10 people, 60 min, total price	53,000 yen
11 people, 60 min, total price	57,750 yen
12 people, 60 min, total price	62,400 yen
13-16 people, 70 min, total price	62,400 yen (up to 12 people) + 4,500 yen per additional person
17 - 22 people, 75min, total price	80,400 yen (up to 16 people) + 4,000 yen per additional person
Over 23 people	We can accommodate larger groups with two to three instructors and offer the option to use both studios simultaneously. Please contact us for more details.

■ Private Lesson / Private Group Lesson Options & Choreography Fees

Options	Price
<p>Choreography Creation</p> <p>We will create a unique, original choreography tailored just for you using your preferred music.</p>	<p>From 22,000 yen. Please contact us for details.</p>

Instructor Demonstration Show (Approx. 3 minutes) The instructor performs a professional demonstration at the end of your class.	11,000 yen
Premium Show A professional instructor performance, including a special showcase featuring the main guest, with a pre-event consultation included.	22,000 yen
Additional Dance Experience (2 styles in one lesson) for 60–75 minute classes.	22,000 yen – 33,000 yen (depending on the number of participants / per additional style). Please contact us for details.

■ Studio Rental (A Studio & B Studio)

*A Studio (10 poles), B Studio (2 poles) installed. No additional setup fee if used as-is.

Studio	Category	Weekdays (until 6:00 PM) – 1 hour	Evenings, Weekends & Holidays – 1 hour	Purpose of Use
A Studio (Use of Pole & Aerial Equipment)	Member	12,500 yen	14,300 yen	Practice
	Visitor	16,500 yen	19,800 yen	Practice
	Corporate / Commercial Use	27,500 yen	38,500 yen	Event, Pole and aerial camp, shooting, TV, commercial, etc.
A Studio (No Use of Pole & Aerial Equipment)	Member	9,900 yen	12,100 yen	Practice
	Visitor	11,000 yen	15,400 yen	Practice

Aerial Equipment)	Corporate / Commercial Use	22,000 yen	33,000 yen	Event, Pole and aerial camp, shooting, TV, commercial, etc.
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Studio	Category	Weekdays (until 6:00 PM) - 1 hour	Evenings, Weekends & Holidays - 1 hour	Purpose of Use
B Studio (Use of Pole & Aerial Equipment)	Member	4,950 yen	6,600 yen	Practice
	Visitor	6,600 yen	9,900 yen	Practice
	Corporate / Commercial Use	13,200 yen	16,500 yen	Event, Pole and aerial camp, shooting, TV, commercial, etc.
B Studio (No Use of Pole & Aerial Equipment)	Member	3,850 yen	4,950 yen	Practice
	Visitor	6,600 yen	8,800 yen	Practice
	Corporate / Commercial Use	11,000 yen	14,300 yen	Event, Pole and aerial camp, shooting, TV, commercial, etc.

■ Additional Staff Setup Fees for Studio Rental

A Studio (10 poles) and B Studio (2 poles) are permanently installed. If you use the studio as is, no additional setup fees will be charged.

If you would like to:

- Increase the number of poles (up to 12 in A Studio, up to 3 in B Studio)
- Decrease the number of poles (minimum 0)
- Install aerial silks/hoops (up to 5 in A Studio, up to 3 in B Studio)

- Set up a mix of poles and aerial equipment.

Additional staff setup fees may apply as listed below.

Please inform us of your requested setup details (number of poles, number of aerial silks/hoops, etc.) by email at least **3 days before your rental date**.

Please note:

Changing the setup (especially full removal or installation of poles) involves specialised work, including working at height and handling heavy equipment.

Depending on staff availability, both pricing and our ability to accommodate your request may vary. Please be sure to confirm in advance.

Additional Staff Setup Fees:

*Please inform us of your requested setup details via email at least 3 days before your rental date.

Installation /removal	Free - 2,750 yen	Installation/removal of 1–3 poles and up to 2 aerial points
Installation /removal	5,500 yen	Installation/removal of 4–5 poles and up to the maximum number of aerial points
Installation /removal	11,000 yen - 25,000 yen	Installation/removal of 6 or more poles, or full removal of all poles from the floor
If you would like to change the setup during your rental time, staff can be arranged upon request. An hourly staff fee will apply. Please contact us for details.		

Pricing Policy

1. Cases where fees are waived (free):
If a full-time staff member capable of performing the requested setup is available during your desired time slot, the above setup fees will be waived (free of charge).

2. Cases where fees apply:

If the setup cannot be handled by on-site staff and requires arranging additional technical staff, the above estimated fees will be charged.

■ Rental Stage Pole

Available for events, parties, and filming. No construction required.

One X stage	38,500 yen
Staff Fee	From 30,000 yen - Specialist staff will handle delivery, setup, and removal. Rates vary depending on the rental location and duration. Please feel free to contact us for more information.
Deposit	30,000 yen Fully refundable if no damage or missing parts.

■ Pole Dance Tokyo Goods

Original T-shirt	4,620 yen
Original Camisole	3,300 yen
Eco Bag	1,100 yen
Towel	1,100 yen
Water Bottle	1650 yen
PD9 Grip	1,300 yen
iTac2 grip (20g)	1,600 yen
Knee Pads	4,950 yen

Ankle Protector	3,960 yen
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■ **Dancer Bookings**

We provide professional dancers for events, parties, and filming.
Please contact us via the form on our website for details.